Ormiston Cliff Park
PRIMARY ACADEMY

Orde Avenue
Gorleston-on-sea
Norfolk
NR31 6SZ

Phone: 01493 661523
Email: office@ocppa.co.uk
Web: www.ocppa.co.uk
Principal: Mrs K Rutherford MA BEd

Anchored in excellence

21st October 2021

Dear Parents and Carers,

As a part of your child's education at Ormiston Cliff Park Primary Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme.

PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.
I am writing to let you know that there will be changes to the Relationships and Sex Education Curriculum from September 2021.

The DfE has published a useful list of FAQ for parents on the new RSE/Relationships Education requirements, and two new guides on Relationships Education, RSE and Health Education.
You can find more information by following these links:

FAQs
https://www.gov.uk/government/news/relationships-education-relationships-and-sex-education-rse-and-health-education-faqs?utm_source=2b45920e-083a-44ad-9c3f-16fed9168d3f&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate

Guidance for Parents
https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools?utm_source=4e32b008-7c1e-40eb-b0ee-d3d05e10d9a7&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate

PSHE education is taught throughout the Academy in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the Academy's website for more details about our PSHE curriculum and our updated

Academy policy. All PSHE teaching takes place in a safe learning environment and is underpinned by our Academy ethos and values.

Over the course of the year, pupils will take part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Lessons will always be age appropriate and will follow the PSHE programme that the OAT Primary Leads compiled and is used across all the Ormiston Primary Academies.

Lessons for pupils in Key Stage 1 will include pupils learning about friendships, and families, health and hygiene and keeping safe.
Lessons for pupils in Key Stage 2 include Healthy Relationships, including friendships; families; Growing and Changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Pupils will have opportunities to ask questions.

Parents will not be able to withdraw their children from any aspect of Relationships Education or Health Education (which includes learning about the changing adolescent body and puberty). However, parents will be able to withdraw their children from any aspects of Sex Education other than those which are part of the science curriculum, although we would encourage you to make an appointment to discuss your concerns with the Principal, before doing so.

As an Academy community, we are committed to working in partnership with parents and if you would like to find out more or discuss any concerns, please contact the Academy Office.

Yours sincerely

Mrs K Rutherford
Principal