



Autumn Winter Menu 2023/24 – Week One

13 Nov, 4 Dec, 1 Jan, 22 Jan, 12 Feb, 4 Mar, 25 Mar

WEEK ONE	PLANET GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Option	Cheese & Tomato Pizza & Garlic Bread 	Chicken Curry & Rice 	Yorkshire Pudding with Beef Mince & Roast Potatoes	Pork Sausage Roll & Baked Wedges	Fish Fingers & Chips
Vegetarian Option	Vegetable Wrap 	Macaroni Cheese	Quorn Sausage Casserole in a Yorkshire Pudding 	Cheese & Onion Pastry Baked Wedges	Vegetable Pasta Bake 
Vegetables	Beans, Sweetcorn 	Peas, Cauliflower 	Carrots, Cabbage 	Green Beans, Sweetcorn 	Baked Beans, Peas 
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
Dessert	Homemade Jam Sponge Cake 	Flapjack Finger	Vanilla Sponge & Custard	Strawberry Jelly 	Chocolate Shortbread

Available Daily: Pick & Mix Selection, Salad Selection, Fresh Bread & Fresh Fruit



Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Our desserts meet Public Health England’s target for ‘free sugar’ intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child’s recommended ‘free sugar’ intake.



Autumn Winter Menu 2023/24 – Week Two

30 Oct, 20 Nov, 11 Dec, 8 Jan, 29 Jan, 19 Feb, 11 Mar

WEEK TWO	PLANET GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Two	Cheese & Tomato Pizza & Garlic Bread 	Pasta Bolognese 	Toad in the Hole, Roast Potatoes & Gravy	Mexican Style Chicken Wrap 	Fish Fingers & Chips
Vegetarian Option	Cheesy Pitta Parcel 	Vegetable Pasta Bolognese 	Quorn Sausage Toad in the Hole, Roast Potatoes & Gravy	Macaroni Cheese	Vegetable Pasta Bake
Vegetables	Sweetcorn, Beans 	Green Beans, Carrots 	Cauliflower, Cabbage 	Mixed Vegetables, Sweetcorn 	Baked Beans, Peas 
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
Dessert	Apple & Sultana Crumble Bar 	Lemon Cake & Custard	Banana Cake 	Chocolate Cookie	Strawberry Jelly

Available Daily: Pick & Mix Selection, Salad Selection, Fresh Bread & Fresh Fruit



Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Autumn Winter Menu 2023/24 – Week Three

6 Nov, 27 Nov, 18 Dec, 15 Jan, 5 Feb, 26 Feb, 18 Mar

WEEK THREE	PLANET GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option Two	Homemade Cheese & Tomato Pizza & Garlic Bread 	Barbeque Chicken Meatballs & Rice	Roast Chicken, Roast Potatoes & Gravy	Chilli & Rice 	Fish Fingers & Chips
Pip's Planet-Friendly Option	Quorn Sausage Loaded Hot Pockets 	Veggie Mince Cottage Pie 	Quorn Sausage, Roast Potatoes & Gravy	Macaroni Cheese	Vegetable Pasta Bake
Vegetables	Sweetcorn 	Mixed Vegetables, Peas 	Seasonal Greens, Carrots 	Green Beans, Cauliflower 	Baked Beans, Peas 
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Baked Jacket Potatoes	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
Dessert	Chocolate Banana Cake	Flapjack Finger 	Chocolate Sponge & Custard	Lemon Drizzle Cake	Shortbread 

Available Daily: Pick & Mix Selection, Salad Selection, Fresh Bread & Fresh Fruit



Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.