

## Upper KS2 PSHE Education Learning Journey

### Students will start Key Stage 3 with:

- Knowledge of the fundamental building blocks and characteristics of positive and healthy relationships, including online relationships.
- An understanding of sexual intercourse, pregnancy, and of the importance of consent.
- An understanding of the physical and emotional changes which occur during puberty.
- Knowledge of the dangers of drugs, alcohol and smoking to good health.
- An awareness of positive mental wellbeing, and how to seek support if they need help.
- An understanding of how to stay safe in a range of contexts, including online.
- An understanding of the structures of modern Britain, including the rule of law.
- A rich experience of environmentally focused Youth Social Action.

